



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Karla Kirsten

SEM EQUIPE

Course : 12KM SOLO FEMININO

Distance : 11900m (Climbing 296m)

Time : 3:31:02,308 (3,38 km/h)

65/69

O.K.

[Full result on Webres](#)

1. Sil	1:04:34,679
2. Julia Da Silva	1:20:08,468
3. Wilza Da Silva	1:23:58,234

1.	81	00:43:15		3100m	4.30 km/h	DIVISAO DE CATGORIAS
2.	82	00:52:11	01:35:26	3100m	3.56 km/h	RETORNO INICIO SUBIDA
3.	83	00:18:53	01:54:19	860m	2.73 km/h	EM CIMA CANAVIAL
4.	84	00:17:52	02:12:11	1140m	3.83 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	01:18:51	03:31:02	3740m	2.85 km/h	CHEGADA

HELGA



Orienteering Software