



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Luzinete Batista

NJ TREINAMENTO FUNCIONAL

Course : 12KM SOLO FEMININO

Distance : 11900m (Climbing 296m)

Time : 3:20:17,070 (3,56 km/h)

64/69

O.K.

[Full result on Webres](#)

1. Sil	1:04:34,679
2. Julia Da Silva	1:20:08,468
3. Wilza Da Silva	1:23:58,234

1.	81	00:37:43		3100m	4.93 km/h	DIVISAO DE CATGORIAS
2.	82	00:41:33	01:19:16	3100m	4.48 km/h	RETORNO INICIO SUBIDA
3.	83	00:13:49	01:33:05	860m	3.73 km/h	EM CIMA CANAVIAL
4.	84	00:17:51	01:50:56	1140m	3.83 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	01:29:21	03:20:17	3740m	2.51 km/h	CHEGADA

HELGA



Orienteering Software