



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Sandra Maria

GB

Course : 12KM SOLO FEMININO

Distance : 11900m (Climbing 296m)

Time : 2:05:00,250 (5,71 km/h)

33/69

O.K.

[Full result on Webres](#)

1. Sil	1:04:34,679
2. Julia Da Silva	1:20:08,468
3. Wilza Da Silva	1:23:58,234

1.	81	00:28:02		3100m	6.63 km/h	DIVISAO DE CATGORIAS
2.	82	00:31:29	00:59:31	3100m	5.91 km/h	RETORNO INICIO SUBIDA
3.	83	00:09:17	01:08:48	860m	5.56 km/h	EM CIMA CANAVIAL
4.	84	00:10:09	01:18:57	1140m	6.74 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:46:03	02:05:00	3740m	4.87 km/h	CHEGADA

HELGA



Orienteering Software