



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Lucia Ferreira

MARAVILHA

Course : 12KM SOLO FEMININO

Distance : 11900m (Climbing 296m)

Time : 1:31:04,140 (7,84 km/h)

5/69

O.K.

[Full result on Webres](#)

1. Sil	1:04:34,679
2. Julia Da Silva	1:20:08,468
3. Wilza Da Silva	1:23:58,234

1.	81	00:22:20		3100m	8.33 km/h	DIVISAO DE CATGORIAS
2.	82	00:21:05	00:43:25	3100m	8.82 km/h	RETORNO INICIO SUBIDA
3.	83	00:05:53	00:49:18	860m	8.77 km/h	EM CIMA CANAVIAL
4.	84	00:06:50	00:56:08	1140m	10.01 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:34:56	01:31:04	3740m	6.42 km/h	CHEGADA

HELGA



Orienteering Software