



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Wilza Da Silva

PALMARINOS AVENTUREIROS

Course : 12KM SOLO FEMININO

Distance : 11900m (Climbing 296m)

Time : 1:23:58,234 (8,50 km/h)

3/69

O.K.

[Full result on Webres](#)

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|-------------------|-------------|
| 1. Sil | 1:04:34,679 |
| 2. Julia Da Silva | 1:20:08,468 |

1.	81	00:19:31		3100m	9.53 km/h	DIVISAO DE CATGORIAS
2.	82	00:21:16	00:40:47	3100m	8.75 km/h	RETORNO INICIO SUBIDA
3.	83	00:06:09	00:46:56	860m	8.39 km/h	EM CIMA CANAVIAL
4.	84	00:07:39	00:54:35	1140m	8.94 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:29:23	01:23:58	3740m	7.64 km/h	CHEGADA

HELGA



Orienteering Software