



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Rodrigo Gomes

FOCO NA TUA VIDA

Course : 12KM SOLO MASCULINO

Distance : 11900m (Climbing 296m)

Time : 4:42:10,414 (2,53 km/h)

97/98

O.K.

[Full result on Webres](#)

1. Laercio Alves	0:51:31,765
2. Jose Milton	0:53:45,378
3. Johny Ewerton	0:56:08,457

1.	81	01:14:14	3100m	2.51 km/h	DIVISAO DE CATGORIAS
2.	82	01:05:27 02:19:41	3100m	2.84 km/h	RETORNO INICIO SUBIDA
3.	83	00:17:22 02:37:03	860m	2.97 km/h	EM CIMA CANAVIAL
4.	84	00:22:17 02:59:20	1140m	3.07 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	01:42:50 04:42:10	3740m	2.18 km/h	CHEGADA

HELGA



Orienteering Software