



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Jose Carlos

PALMARINOS AVENTUREIROS

Course : 12KM SOLO MASCULINO

Distance : 11900m (Climbing 296m)

Time : 1:28:37,691 (8,06 km/h)

55/98

O.K.

[Full result on Webres](#)

1. Laercio Alves	0:51:31,765
2. Jose Milton	0:53:45,378
3. Johny Ewerton	0:56:08,457

1.	81	00:19:43		3100m	9.43 km/h	DIVISAO DE CATGORIAS
2.	82	00:20:17	00:40:00	3100m	9.17 km/h	RETORNO INICIO SUBIDA
3.	83	00:06:26	00:46:26	860m	8.02 km/h	EM CIMA CANAVIAL
4.	84	00:07:54	00:54:20	1140m	8.66 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:34:17	01:28:37	3740m	6.55 km/h	CHEGADA

HELGA



Orienteering Software