



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Ciro Rocha

#VEMCOMIGO

Course : 12KM SOLO MASCULINO

Distance : 11900m (Climbing 296m)

Time : 1:22:11,437 (8,69 km/h)

46/98

O.K.

[Full result on Webres](#)

1. Laercio Alves	0:51:31,765
2. Jose Milton	0:53:45,378
3. Johny Ewerton	0:56:08,457

1.	81	00:19:59		3100m	9.31 km/h	DIVISAO DE CATGORIAS
2.	82	00:20:25	00:40:24	3100m	9.11 km/h	RETORNO INICIO SUBIDA
3.	83	00:06:11	00:46:35	860m	8.35 km/h	EM CIMA CANAVIAL
4.	84	00:07:00	00:53:35	1140m	9.77 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:28:36	01:22:11	3740m	7.85 km/h	CHEGADA

HELGA



Orienteering Software