



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Jose Adilson

SEM EQUIPE

Course : 12KM SOLO MASCULINO

Distance : 11900m (Climbing 296m)

Time : 1:01:42,035 (11,57 km/h)

7/98

O.K.

[Full result on Webres](#)

1. Laercio Alves	0:51:31,765
2. Jose Milton	0:53:45,378
3. Johny Ewerton	0:56:08,457

1.	81	00:15:03		3100m	12.36 km/h	DIVISAO DE CATGORIAS
2.	82	00:15:36	00:30:39	3100m	11.92 km/h	RETORNO INICIO SUBIDA
3.	83	00:04:26	00:35:05	860m	11.64 km/h	EM CIMA CANAVIAL
4.	84	00:05:21	00:40:26	1140m	12.79 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:21:16	01:01:42	3740m	10.55 km/h	CHEGADA

HELGA



Orienteering Software