



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Sheyna / Melania

TREINO JOSEFA

Course : 12KM DUPLA FEMININA

Distance : 11900m (Climbing 296m)

Time : 2:14:17,875 (5,32 km/h)

16/33

O.K.

[Full result on Webres](#)

1. Daniella / Manuella	1:31:55,097
2. Vanessa / Alessandra	1:35:54,070
3. Rita / Vanessa	1:39:59,386

1.	81	00:34:57		3100m	5.32 km/h	DIVISAO DE CATGORIAS
2.	82	00:32:39	01:07:36	3100m	5.70 km/h	RETORNO INICIO SUBIDA
3.	83	00:09:20	01:16:56	860m	5.53 km/h	EM CIMA CANAVIAL
4.	84	00:09:56	01:26:52	1140m	6.89 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:47:25	02:14:17	3740m	4.73 km/h	CHEGADA

HELGA



Orienteering Software