



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Adriana / Alcione

PALMARINOS AVENTUREIROS

Course : 12KM DUPLA FEMININA

Distance : 11900m (Climbing 296m)

Time : 2:07:24,609 (5,60 km/h)

13/33

O.K.

[Full result on Webres](#)

1. Daniella / Manuella	1:31:55,097
2. Vanessa / Alessandra	1:35:54,070
3. Rita / Vanessa	1:39:59,386

1.	81	00:30:10		3100m	6.17 km/h	DIVISAO DE CATGORIAS
2.	82	00:28:00	00:58:10	3100m	6.64 km/h	RETORNO INICIO SUBIDA
3.	83	00:08:38	01:06:48	860m	5.98 km/h	EM CIMA CANAVIAL
4.	84	00:09:40	01:16:28	1140m	7.08 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:50:56	02:07:24	3740m	4.41 km/h	CHEGADA

HELGA



Orienteering Software