



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Arlene Melo / Margot Schiar

BOLA RUNNING

Course : 12KM DUPLA FEMININA

Distance : 11900m (Climbing 296m)

Time : 1:40:12,476 (7,13 km/h)

4/33

O.K.

[Full result on Webres](#)

1. Daniella / Manuella	1:31:55,097
2. Vanessa / Alessandra	1:35:54,070
3. Rita / Vanessa	1:39:59,386

1.	81	00:23:44		3100m	7.84 km/h	DIVISAO DE CATGORIAS
2.	82	00:26:23	00:50:07	3100m	7.05 km/h	RETORNO INICIO SUBIDA
3.	83	00:06:55	00:57:02	860m	7.46 km/h	EM CIMA CANAVIAL
4.	84	00:08:39	01:05:41	1140m	7.91 km/h	AGUA E ENCONTRO DE CATGORIAS
5.	999	00:34:31	01:40:12	3740m	6.50 km/h	CHEGADA

HELGA



Orienteering Software