



TRAIL RUN PARADISE

ATALAIA - AL 22.8.2021

PARADISE

Luziane / Dilma

EXPRESSO CANELINHA

Course : 6KM DUPLA FEMININA

Distance : 7320m (Climbing 197m)

Time : 1:19:58,343 (5,49 km/h)

15/46

O.K.

[Full result on Webres](#)

- | | |
|----------------------|-------------|
| 1. Tigresa / Kesia | 0:53:31,671 |
| 2. Rosa / Josenilda | 0:57:27,281 |
| 3. Widja / Lucineide | 1:02:17,578 |

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|----|-----|----------|-------|-----------|
| 1. | 81 | 00:30:56 | 3100m | 6.01 km/h |
| 2. | 84 | 00:03:06 | 480m | 9.29 km/h |
| 3. | 999 | 00:45:56 | 3740m | 4.89 km/h |

DIVISAO DE CATGORIAS

AGUA E ENCONTRO DE CATGORIAS

CHEGADA

HELGA



Orienteering Software