



City - O - BILZEN
BILZEN 22.8.2021
K.O.L.

Ems DE SMUL

Omega

Course : D:06

Distance : 5150m

Time : 0:56:49,230 (11'02"/km)

1/4

O.K.

[Full result on Webres](#)

2. Sofie BOSMANS

0:58:25,375

3. Hanne TIESTERS

1:01:59

1.	116	00:02:55	288m	10'08"/km
2.	115	00:00:40 00:03:35	92m	7'15"/km
3.	122	00:00:55 00:04:30	201m	4'34"/km
4.	123	00:00:33 00:05:03	97m	5'40"/km
5.	120	00:00:49 00:05:52	131m	6'14"/km
6.	124	00:00:22 00:06:14	70m	5'14"/km
7.	121	00:00:47 00:07:01	130m	6'02"/km
8.	119	00:00:50 00:07:51	133m	6'16"/km
9.	112	00:04:45 00:12:36	258m	18'25"/km
10.	109	00:06:08 00:18:44	195m	31'27"/km
11.	107	00:00:51 00:19:35	108m	7'52"/km
12.	108	00:00:13 00:19:48	49m	4'25"/km
13.	111	00:00:47 00:20:35	119m	6'35"/km
14.	117	00:00:14 00:20:49	50m	4'40"/km
15.	118	00:00:18 00:21:07	61m	4'55"/km
16.	119	00:00:23 00:21:30	45m	8'31"/km
17.	110	00:00:43 00:22:13	115m	6'14"/km
18.	114	00:01:28 00:23:41	194m	7'34"/km
19.	120	00:02:14 00:25:55	270m	8'16"/km
20.	129	00:01:04 00:26:59	131m	8'09"/km
21.	136	00:12:29 00:39:28	97m	128'42"/km
22.	130	00:01:33 00:41:01	184m	8'25"/km
23.	131	00:00:27 00:41:28	49m	9'11"/km
24.	132	00:00:23 00:41:51	81m	4'44"/km
25.	135	00:00:17 00:42:08	64m	4'26"/km
26.	134	00:00:49 00:42:57	115m	7'06"/km
27.	128	00:05:14 00:48:11	581m	9'00"/km
28.	127	00:01:06 00:49:17	121m	9'05"/km
29.	126	00:00:28 00:49:45	83m	5'37"/km
30.	125	00:01:07 00:50:52	150m	7'27"/km
31.	111	00:01:44 00:52:36	332m	5'13"/km
32.	109	00:01:31 00:54:07	155m	9'47"/km
33.	105	00:01:40 00:55:47	171m	9'45"/km
34.	104	00:00:21 00:56:08	57m	6'08"/km
35.	101	00:00:33 00:56:41	118m	4'40"/km
36.	999	00:00:08 00:56:49	31m	4'18"/km