



2º Percurso Treino do COSEC - 2021
Balneário das Lajes 15.8.2021
Clube de Orientação Serra dos Cristais

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Clube de Orientação da Associação dos
Subtenentes e Sargentos do Exército de
Brasília

Course : H Adulto A

Distance : 4900m (Climbing 95m)

Time : 2:25:07 (29'37"/km)

11/12

O.K.

[Full result on Webres](#)

1. Antonio Dmeterko	1:36:27
2. Luiz Fernando Lazarini	1:44:17
3. Luciano Puchalski	1:49:40

1.	31	00:12:48		304m	42'06"/km
2.	56	00:14:19	00:27:07	205m	69'50"/km
3.	34	00:14:09	00:41:16	412m	34'21"/km
4.	32	00:04:44	00:46:00	158m	29'57"/km
5.	50	00:11:13	00:57:13	326m	34'24"/km
6.	48	00:10:13	01:07:26	549m	18'37"/km
7.	57	00:11:32	01:18:58	405m	28'29"/km
8.	40	00:05:11	01:24:09	161m	32'12"/km
9.	54	00:09:28	01:33:37	145m	65'17"/km
10.	57	00:02:37	01:36:14	177m	14'47"/km
11.	47	00:05:14	01:41:28	227m	23'03"/km
12.	55	00:07:48	01:49:16	258m	30'14"/km
13.	57	00:04:25	01:53:41	182m	24'16"/km
14.	50	00:21:50	02:15:31	677m	32'15"/km
15.	43	00:06:27	02:21:58	348m	18'32"/km
16.	41	00:02:56	02:24:54	195m	15'03"/km
17.	999	00:00:13	02:25:07	93m	2'20"/km

Orienteering Software