



2º Percurso Treino do COSEC - 2021

Balneário das Lajes 15.8.2021

Clube de Orientação Serra dos Cristais

Luciano Puchalski

Clube de Orientação do Colégio Militar de
Brasília

Course : H Adulto A

Distance : 4900m (Climbing 95m)

Time : 1:49:40 (22'23"/km)

3/12

O.K.

[Full result on Webres](#)

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|---------------------------|---------|
| 1. Antonio Dmeterko | 1:36:27 |
| 2. Luiz Fernando Lazarini | 1:44:17 |

1.	31	00:08:41		304m	28'34"/km
2.	56	00:03:33	00:12:14	205m	17'19"/km
3.	34	00:12:34	00:24:48	412m	30'30"/km
4.	32	00:04:02	00:28:50	158m	25'32"/km
5.	50	00:08:13	00:37:03	326m	25'12"/km
6.	48	00:09:48	00:46:51	549m	17'51"/km
7.	57	00:14:00	01:00:51	405m	34'34"/km
8.	40	00:04:37	01:05:28	161m	28'40"/km
9.	54	00:02:47	01:08:15	145m	19'12"/km
10.	57	00:02:22	01:10:37	177m	13'22"/km
11.	47	00:06:09	01:16:46	227m	27'06"/km
12.	55	00:05:14	01:22:00	258m	20'17"/km
13.	57	00:05:00	01:27:00	182m	27'28"/km
14.	50	00:11:46	01:38:46	677m	17'23"/km
15.	43	00:08:20	01:47:06	348m	23'57"/km
16.	41	00:02:24	01:49:30	195m	12'18"/km
17.	999	00:00:10	01:49:40	93m	1'48"/km

Orienteering Software