



2º Percurso Treino do COSEC - 2021

Balneário das Lajes 15.8.2021

Clube de Orientação Serra dos Cristais

Herivelto Batista De Santana

Auto Esporte Clube

Course : H Adulto E

Distance : 5200m (Climbing 100m)

Time : 1:15:00 (14'25"/km)

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O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Valter Araújo dos Santos | 0:46:40 |
| 2. Simeão Fernandes de Souza Neto | 1:02:59 |
| 3. Paulo Rubens Corpes Rodrigues | 1:14:02 |

1.	31	00:08:49		304m	29'00"/km
2.	56	00:01:58	00:10:47	205m	9'36"/km
3.	32	00:06:02	00:16:49	470m	12'50"/km
4.	34	00:02:00	00:18:49	158m	12'39"/km
5.	53	00:03:34	00:22:23	241m	14'48"/km
6.	50	00:04:08	00:26:31	395m	10'28"/km
7.	57	00:11:35	00:38:06	677m	17'07"/km
8.	40	00:01:59	00:40:05	161m	12'19"/km
9.	54	00:01:18	00:41:23	145m	8'58"/km
10.	57	00:01:34	00:42:57	177m	8'51"/km
11.	47	00:03:08	00:46:05	227m	13'48"/km
12.	55	00:04:39	00:50:44	258m	18'01"/km
13.	57	00:02:28	00:53:12	182m	13'33"/km
14.	48	00:10:13	01:03:25	405m	25'14"/km
15.	50	00:06:37	01:10:02	549m	12'03"/km
16.	42	00:01:55	01:11:57	179m	10'42"/km
17.	41	00:02:53	01:14:50	343m	8'24"/km
18.	999	00:00:10	01:15:00	93m	1'48"/km

Orienteering Software