



**3ª ETAPA CIPO 2021**  
**CAMPO LARGO - PR 15.8.2021**  
**Clube de Orientação Gralha Azul**

**Helena Roniak dos Santos**

COGA

Course : D Juven B

Distance : 2900m (Climbing 60m)

Time : 0:39:23 (13'35"/km)

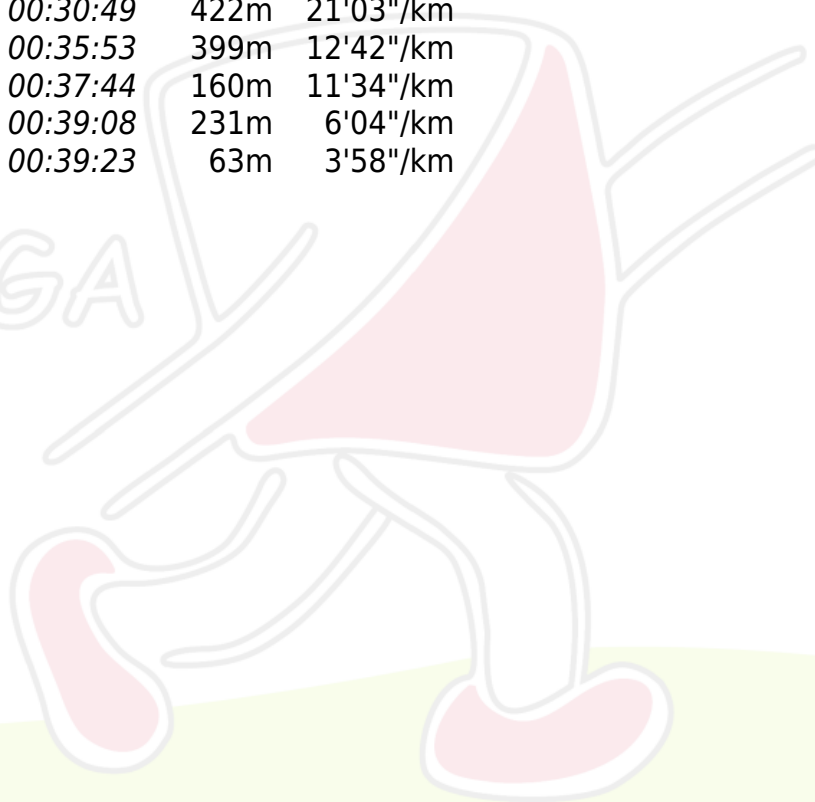
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O.K.

[Full result on Webres](#)

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 134 | 00:02:30 |          | 286m | 8'44"/km  |
| 2.  | 94  | 00:00:49 | 00:03:19 | 108m | 7'34"/km  |
| 3.  | 96  | 00:01:05 | 00:04:24 | 78m  | 13'53"/km |
| 4.  | 112 | 00:01:01 | 00:05:25 | 113m | 9'00"/km  |
| 5.  | 97  | 00:03:18 | 00:08:43 | 226m | 14'36"/km |
| 6.  | 121 | 00:09:41 | 00:18:24 |      |           |
| 7.  | 114 | 00:03:32 | 00:21:56 | 198m | 17'51"/km |
| 8.  | 113 | 00:08:53 | 00:30:49 | 422m | 21'03"/km |
| 9.  | 107 | 00:05:04 | 00:35:53 | 399m | 12'42"/km |
| 10. | 118 | 00:01:51 | 00:37:44 | 160m | 11'34"/km |
| 11. | 100 | 00:01:24 | 00:39:08 | 231m | 6'04"/km  |
| 12. | 999 | 00:00:15 | 00:39:23 | 63m  | 3'58"/km  |

HELGA



Orienteering Software