



Championnat Longues Distances LCACO
Sermiers 1.5.2013
5116CA ASO Sillery

Albert SEGUINOT

0801CA OSCM

Course : 5

Distance : 6700m

Time : 1:05:35 (9'47"/km)

12/33

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Konstantin SMIRNOV | 0:48:34 |
| 2. Didier GROSHENS | 0:48:55 |
| 3. Joel POULAIN | 0:52:22 |

HELGA



Orienteering Software