



Régionale Moyenne Distance

Macôt La Plagne 30.7.2021

7300 - CD Savoie

Laurina SIAO

7512IF RO'Paris

Course : Jaune

Distance : 3370m (Climbing 70m)

Time : 1:13:11 (21'43"/km)

68/79

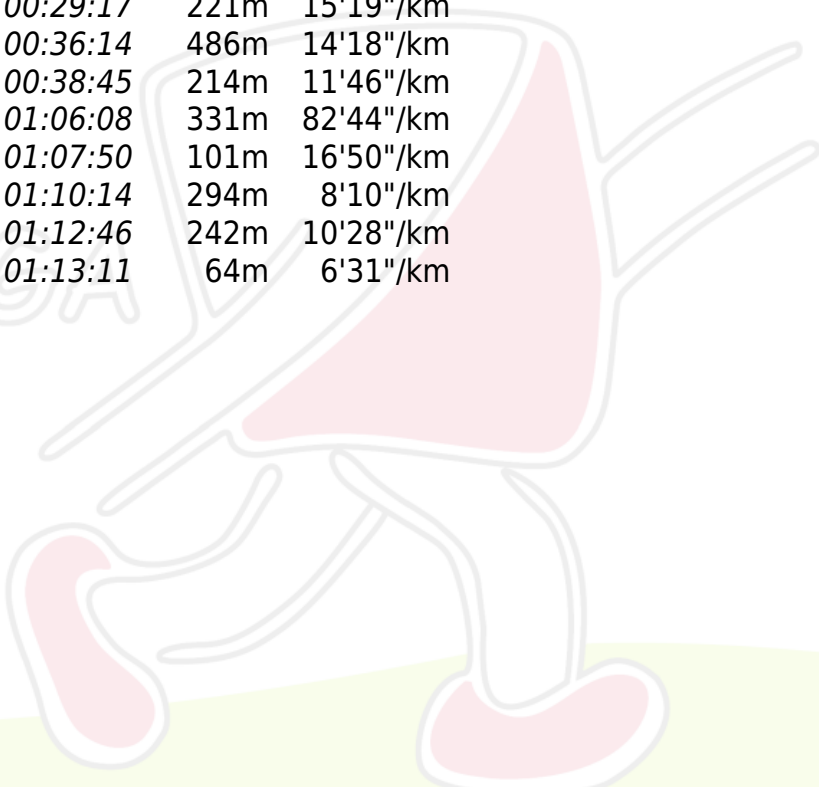
O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Lucas VERJUX | 0:23:37 |
| 2. Paul POINSENOT | 0:26:42 |
| 3. Laura MARTIN | 0:26:45 |

1.	50	00:04:45		309m	15'22"/km
2.	51	00:10:02	00:14:47	279m	35'58"/km
3.	44	00:01:23	00:16:10	86m	16'05"/km
4.	52	00:02:09	00:18:19	150m	14'20"/km
5.	57	00:03:01	00:21:20	275m	10'58"/km
6.	53	00:02:58	00:24:18	134m	22'08"/km
7.	54	00:01:36	00:25:54	74m	21'37"/km
8.	55	00:03:23	00:29:17	221m	15'19"/km
9.	46	00:06:57	00:36:14	486m	14'18"/km
10.	56	00:02:31	00:38:45	214m	11'46"/km
11.	58	00:27:23	01:06:08	331m	82'44"/km
12.	39	00:01:42	01:07:50	101m	16'50"/km
13.	40	00:02:24	01:10:14	294m	8'10"/km
14.	100	00:02:32	01:12:46	242m	10'28"/km
15.	999	00:00:25	01:13:11	64m	6'31"/km

HELGA



Orienteering Software