



# Régionale Moyenne Distance

## Macôt La Plagne 30.7.2021

### 7300 - CD Savoie

**Mélissa TROCHUT**

7309AR COCS

Course : Violet Court D

Distance : 3300m (Climbing 85m)

Time : 0:31:29 (9'32"/km)

**12/121**

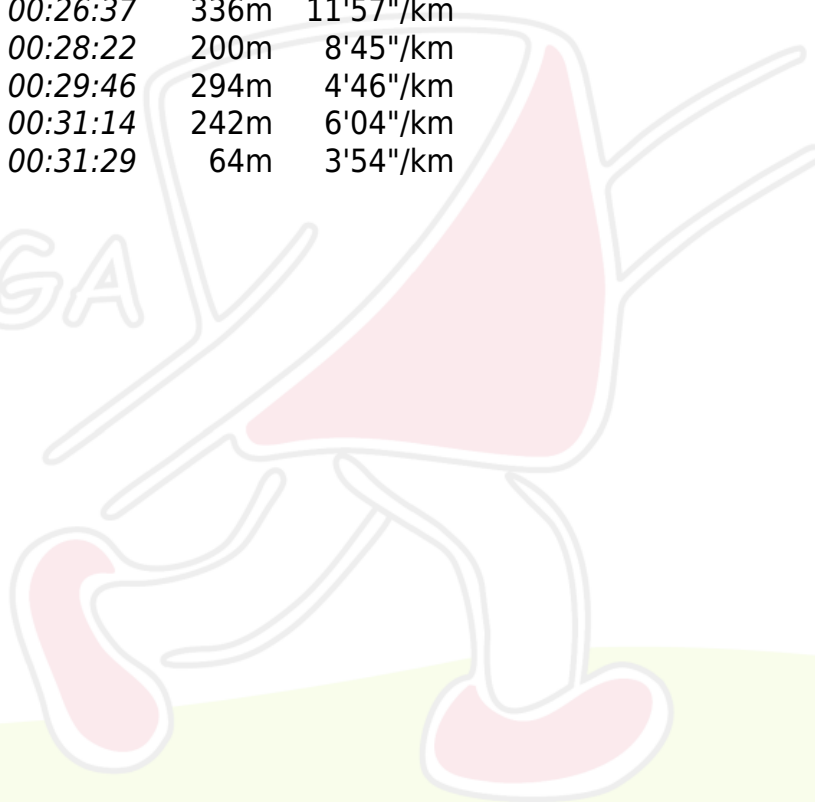
O.K.

[Full result on Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Lucile CLOUARD   | 0:23:44 |
| 2. Alice MERAT      | 0:24:06 |
| 3. Michaela KOTECKA | 0:24:43 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 43  | 00:04:47 |          | 445m | 10'45"/km |
| 2.  | 49  | 00:02:00 | 00:06:47 | 154m | 12'59"/km |
| 3.  | 45  | 00:01:06 | 00:07:53 | 108m | 10'11"/km |
| 4.  | 53  | 00:03:47 | 00:11:40 | 408m | 9'16"/km  |
| 5.  | 64  | 00:01:24 | 00:13:04 | 150m | 9'20"/km  |
| 6.  | 46  | 00:04:19 | 00:17:23 | 523m | 8'15"/km  |
| 7.  | 75  | 00:05:13 | 00:22:36 | 263m | 19'50"/km |
| 8.  | 69  | 00:04:01 | 00:26:37 | 336m | 11'57"/km |
| 9.  | 39  | 00:01:45 | 00:28:22 | 200m | 8'45"/km  |
| 10. | 40  | 00:01:24 | 00:29:46 | 294m | 4'46"/km  |
| 11. | 100 | 00:01:28 | 00:31:14 | 242m | 6'04"/km  |
| 12. | 999 | 00:00:15 | 00:31:29 | 64m  | 3'54"/km  |

HELGA



Orienteering Software