



# Régionale Moyenne Distance

## Macôt La Plagne 30.7.2021

### 7300 - CD Savoie

**Louise AHOND**

5907HF T.A.D.

Circuit : Violet Court D

Distance : 3300m (Dénivelé 85m)

Temps : 0:29:49 (9'02"/km)

**7/121**

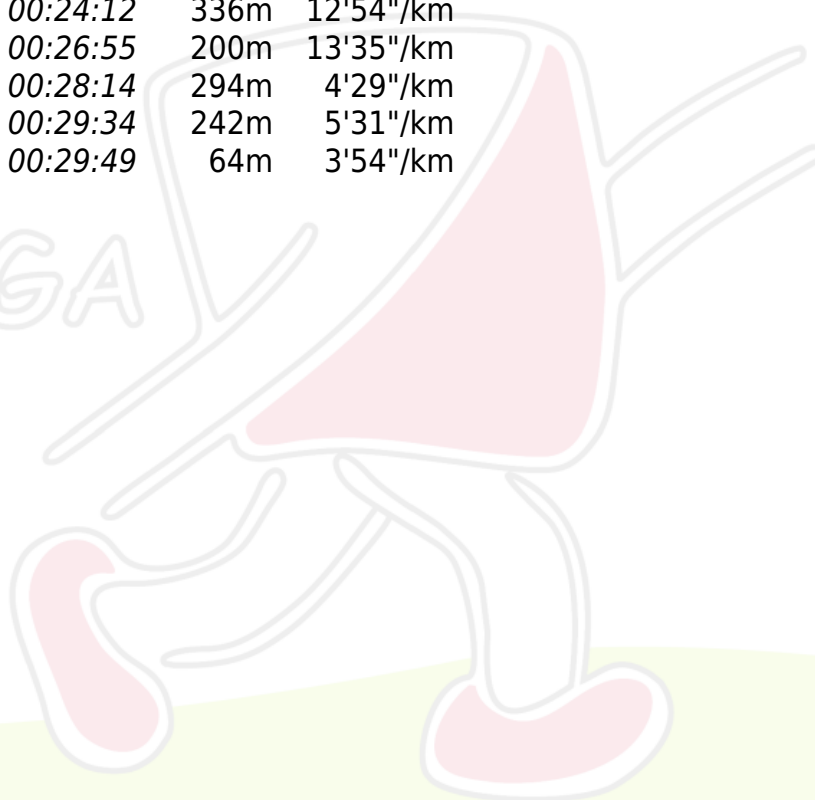
O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Lucile CLOUARD   | 0:23:44 |
| 2. Alice MERAT      | 0:24:06 |
| 3. Michaela KOTECKA | 0:24:43 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 43  | 00:05:24 |          | 445m | 12'08"/km |
| 2.  | 49  | 00:01:57 | 00:07:21 | 154m | 12'40"/km |
| 3.  | 45  | 00:00:49 | 00:08:10 | 108m | 7'34"/km  |
| 4.  | 53  | 00:02:59 | 00:11:09 | 408m | 7'19"/km  |
| 5.  | 64  | 00:01:14 | 00:12:23 | 150m | 8'13"/km  |
| 6.  | 46  | 00:05:21 | 00:17:44 | 523m | 10'14"/km |
| 7.  | 75  | 00:02:08 | 00:19:52 | 263m | 8'07"/km  |
| 8.  | 69  | 00:04:20 | 00:24:12 | 336m | 12'54"/km |
| 9.  | 39  | 00:02:43 | 00:26:55 | 200m | 13'35"/km |
| 10. | 40  | 00:01:19 | 00:28:14 | 294m | 4'29"/km  |
| 11. | 100 | 00:01:20 | 00:29:34 | 242m | 5'31"/km  |
| 12. | 999 | 00:00:15 | 00:29:49 | 64m  | 3'54"/km  |

HELGA



Orienteering Software