



TREINO ESA COUDELARIA CAMPINAS
COUDELARIA CPS 1.6.2025
SEF EsPCEx

Alu Arnaldo César

Clube de Orientação da Escola de
Sargento da Armas

Course : H ADULTO B

Distance : 6200m (Climbing 180m)

Time : 1:35:34 (15'25"/km)

18/19

O.K.

[Full result on Webres](#)

1. Medeiros	0:53:23
2. Ten Heydt	0:59:14
3. Alu Silva Resende	1:02:08

1.	31	00:02:56		181m	16'12"/km
2.	38	00:03:06	00:06:02	334m	9'17"/km
3.	39	00:06:50	00:12:52	814m	8'24"/km
4.	52	00:02:37	00:15:29	185m	14'09"/km
5.	40	00:04:23	00:19:52	397m	11'02"/km
6.	41	00:03:12	00:23:04	166m	19'17"/km
7.	42	00:02:47	00:25:51	197m	14'08"/km
8.	43	00:04:11	00:30:02	216m	19'22"/km
9.	50	00:02:35	00:32:37	132m	19'34"/km
10.	45	00:03:02	00:35:39	294m	10'19"/km
11.	31	00:02:54	00:38:33	321m	9'02"/km
12.	37	00:04:03	00:42:36	285m	14'13"/km
13.	33	00:04:15	00:46:51	299m	14'13"/km
14.	34	00:04:12	00:51:03	179m	23'28"/km
15.	35	00:05:03	00:56:06	262m	19'16"/km
16.	36	00:04:36	01:00:42	260m	17'42"/km
17.	33	00:01:45	01:02:27	206m	8'30"/km
18.	32	00:05:04	01:07:31	257m	19'43"/km
19.	46	00:08:32	01:16:03	181m	47'09"/km
20.	47	00:05:37	01:21:40	120m	46'48"/km
21.	48	00:00:49	01:22:29	139m	5'53"/km
22.	44	00:01:27	01:23:56	154m	9'25"/km
23.	50	00:08:21	01:32:17	196m	42'36"/km
24.	49	00:01:57	01:34:14	150m	13'00"/km
25.	51	00:01:04	01:35:18	155m	6'53"/km
26.	999	00:00:16	01:35:34	62m	4'18"/km

Orienteering Software