



# HOS-3

## Katarinawijk 24.5.2025

### Omega

**Seppe WOUTERS**

Indiv.

Course : H:lang

Distance : 4980m

Time : 0:45:02 (9'03"/km)

**16/40**

O.K.

[Full result on Webres](#)

|                    |         |
|--------------------|---------|
| 1. Mats DE SMUL    | 0:29:37 |
| 2. Frederik LOECKX | 0:31:06 |
| 3. Rob VRANKEN     | 0:32:07 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 78  | 00:01:24 |          | 251m | 5'35"/km  |
| 2.  | 89  | 00:01:25 | 00:02:49 | 200m | 7'05"/km  |
| 3.  | 73  | 00:02:01 | 00:04:50 | 218m | 9'15"/km  |
| 4.  | 75  | 00:01:44 | 00:06:34 | 126m | 13'45"/km |
| 5.  | 74  | 00:02:24 | 00:08:58 | 208m | 11'32"/km |
| 6.  | 85  | 00:03:29 | 00:12:27 | 410m | 8'30"/km  |
| 7.  | 86  | 00:01:05 | 00:13:32 | 145m | 7'28"/km  |
| 8.  | 88  | 00:01:59 | 00:15:31 | 301m | 6'35"/km  |
| 9.  | 72  | 00:01:47 | 00:17:18 | 256m | 6'58"/km  |
| 10. | 76  | 00:01:07 | 00:18:25 | 129m | 8'39"/km  |
| 11. | 71  | 00:01:27 | 00:19:52 | 203m | 7'09"/km  |
| 12. | 90  | 00:02:28 | 00:22:20 | 222m | 11'07"/km |
| 13. | 77  | 00:01:10 | 00:23:30 | 199m | 5'52"/km  |
| 14. | 87  | 00:00:56 | 00:24:26 | 147m | 6'21"/km  |
| 15. | 92  | 00:05:14 | 00:29:40 | 214m | 24'27"/km |
| 16. | 91  | 00:01:38 | 00:31:18 | 216m | 7'34"/km  |
| 17. | 71  | 00:01:44 | 00:33:02 | 260m | 6'40"/km  |
| 18. | 79  | 00:02:24 | 00:35:26 | 273m | 8'47"/km  |
| 19. | 80  | 00:03:06 | 00:38:32 | 233m | 13'18"/km |
| 20. | 82  | 00:01:30 | 00:40:02 | 201m | 7'28"/km  |
| 21. | 81  | 00:01:00 | 00:41:02 | 157m | 6'22"/km  |
| 22. | 83  | 00:01:35 | 00:42:37 | 197m | 8'02"/km  |
| 23. | 84  | 00:02:09 | 00:44:46 | 167m | 12'52"/km |
| 24. | 999 | 00:00:16 | 00:45:02 | 45m  | 5'56"/km  |

Orienteering Software