



HOS-3

Katarinawijk 24.5.2025

Omega

Alexander BERNARDON

Indiv.

Course : H:lang

Distance : 4980m

Time : 0:56:34 (11'22"/km)

33/40

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:29:37
2. Frederik LOECKX	0:31:06
3. Rob VRANKEN	0:32:07

1.	78	00:01:41		251m	6'42"/km
2.	89	00:01:19	00:03:00	200m	6'35"/km
3.	73	00:01:45	00:04:45	218m	8'02"/km
4.	75	00:02:19	00:07:04	126m	18'23"/km
5.	74	00:02:02	00:09:06	208m	9'47"/km
6.	85	00:02:57	00:12:03	410m	7'12"/km
7.	86	00:01:06	00:13:09	145m	7'35"/km
8.	88	00:02:05	00:15:14	301m	6'55"/km
9.	72	00:01:44	00:16:58	256m	6'46"/km
10.	76	00:01:38	00:18:36	129m	12'40"/km
11.	71	00:01:36	00:20:12	203m	7'53"/km
12.	90	00:02:40	00:22:52	222m	12'01"/km
13.	77	00:01:23	00:24:15	199m	6'57"/km
14.	87	00:01:03	00:25:18	147m	7'09"/km
15.	92	00:11:39	00:36:57	214m	54'26"/km
16.	91	00:01:50	00:38:47	216m	8'29"/km
17.	71	00:01:53	00:40:40	260m	7'15"/km
18.	79	00:03:32	00:44:12	273m	12'57"/km
19.	80	00:03:11	00:47:23	233m	13'40"/km
20.	82	00:01:31	00:48:54	201m	7'33"/km
21.	81	00:03:55	00:52:49	157m	24'57"/km
22.	83	00:01:50	00:54:39	197m	9'18"/km
23.	84	00:01:41	00:56:20	167m	10'05"/km
24.	999	00:00:14	00:56:34	45m	5'11"/km

Orienteering Software