



# Militair Regelmatigheidscriterium Cityloop Hasselt (Runkst) 21.5.2025 Mil Prov Comdo Limburg

**Seppe VERBEEK**

SCF Heusden-Zolder

Course : H:School

Distance : 5200m

Time : 1:22:35 (15'53"/km)

**5/35**

O.K.

[Full result on Webres](#)

|                          |         |
|--------------------------|---------|
| 1. Arnoud CAPALS         | 0:53:08 |
| 2. Alexander REEKMANS    | 1:10:00 |
| 3. Xander VANGANSEWINKEL | 1:11:34 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 65  | 00:07:02 |          | 271m | 25'57"/km |
| 2.  | 59  | 00:02:40 | 00:09:42 | 249m | 10'43"/km |
| 3.  | 57  | 00:01:22 | 00:11:04 | 130m | 10'31"/km |
| 4.  | 60  | 00:01:13 | 00:12:17 | 113m | 10'46"/km |
| 5.  | 50  | 00:03:33 | 00:15:50 | 440m | 8'04"/km  |
| 6.  | 51  | 00:01:54 | 00:17:44 | 145m | 13'06"/km |
| 7.  | 52  | 00:06:58 | 00:24:42 | 264m | 26'23"/km |
| 8.  | 62  | 00:04:40 | 00:29:22 | 233m | 20'02"/km |
| 9.  | 33  | 00:04:05 | 00:33:27 | 196m | 20'50"/km |
| 10. | 76  | 00:04:22 | 00:37:49 | 233m | 18'44"/km |
| 11. | 73  | 00:02:32 | 00:40:21 | 113m | 22'25"/km |
| 12. | 34  | 00:01:49 | 00:42:10 | 89m  | 20'25"/km |
| 13. | 35  | 00:02:24 | 00:44:34 | 157m | 15'17"/km |
| 14. | 64  | 00:02:45 | 00:47:19 | 295m | 9'19"/km  |
| 15. | 75  | 00:01:56 | 00:49:15 | 201m | 9'37"/km  |
| 16. | 48  | 00:08:28 | 00:57:43 | 514m | 16'28"/km |
| 17. | 43  | 00:10:30 | 01:08:13 | 639m | 16'26"/km |
| 18. | 42  | 00:03:06 | 01:11:19 | 175m | 17'43"/km |
| 19. | 66  | 00:00:56 | 01:12:15 | 78m  | 11'58"/km |
| 20. | 68  | 00:02:41 | 01:14:56 | 120m | 22'22"/km |
| 21. | 38  | 00:01:19 | 01:16:15 | 131m | 10'03"/km |
| 22. | 69  | 00:05:31 | 01:21:46 | 350m | 15'46"/km |
| 23. | 999 | 00:00:49 | 01:22:35 | 74m  | 11'02"/km |

Orienteering Software