



Militair Regelmatigheidscriterium Cityloop Hasselt (Runkst) 21.5.2025 Mil Prov Comdo Limburg

Ben BAMPS

29 Bn Log

Course : H:01

Distance : 7900m

Time : 1:07:14 (8'31"/km)

34/54

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:44:04 |
| 2. Benjamin ANCIAUX | 0:45:55 |
| 3. Pierre QUINIET | 0:51:09 |

1.	54	00:04:49		478m	10'05"/km
2.	62	00:02:06	00:06:55	258m	8'08"/km
3.	33	00:02:09	00:09:04	196m	10'58"/km
4.	34	00:03:13	00:12:17	351m	9'10"/km
5.	35	00:02:01	00:14:18	157m	12'51"/km
6.	31	00:04:37	00:18:55	535m	8'38"/km
7.	37	00:02:30	00:21:25	299m	8'22"/km
8.	38	00:02:35	00:24:00	382m	6'46"/km
9.	66	00:01:12	00:25:12	197m	6'05"/km
10.	40	00:01:31	00:26:43	140m	10'50"/km
11.	41	00:01:18	00:28:01	164m	7'56"/km
12.	72	00:01:15	00:29:16	151m	8'17"/km
13.	68	00:01:11	00:30:27	137m	8'38"/km
14.	42	00:01:23	00:31:50	145m	9'32"/km
15.	43	00:01:31	00:33:21	175m	8'40"/km
16.	58	00:02:58	00:36:19	417m	7'07"/km
17.	45	00:00:41	00:37:00	105m	6'30"/km
18.	46	00:00:33	00:37:33	79m	6'58"/km
19.	47	00:01:20	00:38:53	204m	6'32"/km
20.	48	00:02:34	00:41:27	271m	9'28"/km
21.	49	00:01:46	00:43:13	251m	7'02"/km
22.	50	00:02:05	00:45:18	38m	54'49"/km
23.	51	00:01:41	00:46:59	145m	11'37"/km
24.	52	00:02:45	00:49:44	264m	10'25"/km
25.	75	00:03:50	00:53:34	472m	8'07"/km
26.	63	00:03:54	00:57:28	486m	8'01"/km
27.	73	00:01:46	00:59:14	247m	7'09"/km
28.	65	00:05:06	01:04:20	736m	6'56"/km
29.	69	00:02:33	01:06:53	321m	7'57"/km
30.	999	00:00:21	01:07:14	74m	4'44"/km