



Militair Regelmatigheidscriterium Cityloop Hasselt (Runkst) 21.5.2025 Mil Prov Comdo Limburg

Aaron VEKEMANS

HQ SO Regt

Course : H:01

Distance : 7900m

Time : 0:55:50 (7'04"/km)

11/54

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Maarten VANCOETSEM | 0:44:04 |
| 2. Benjamin ANCIAUX | 0:45:55 |
| 3. Pierre QUINIET | 0:51:09 |

1.	54	00:02:53	478m	6'02"/km
2.	62	00:01:47 00:04:40	258m	6'55"/km
3.	33	00:01:58 00:06:38	196m	10'02"/km
4.	34	00:02:22 00:09:00	351m	6'45"/km
5.	35	00:01:15 00:10:15	157m	7'58"/km
6.	31	00:03:56 00:14:11	535m	7'21"/km
7.	37	00:02:07 00:16:18	299m	7'05"/km
8.	38	00:02:22 00:18:40	382m	6'12"/km
9.	66	00:01:07 00:19:47	197m	5'40"/km
10.	40	00:01:51 00:21:38	140m	13'13"/km
11.	41	00:01:13 00:22:51	164m	7'25"/km
12.	72	00:01:11 00:24:02	151m	7'50"/km
13.	68	00:01:05 00:25:07	137m	7'54"/km
14.	42	00:01:14 00:26:21	145m	8'30"/km
15.	43	00:01:22 00:27:43	175m	7'49"/km
16.	58	00:02:45 00:30:28	417m	6'36"/km
17.	45	00:00:41 00:31:09	105m	6'30"/km
18.	46	00:00:28 00:31:37	79m	5'54"/km
19.	47	00:01:06 00:32:43	204m	5'24"/km
20.	48	00:02:04 00:34:47	271m	7'38"/km
21.	49	00:01:27 00:36:14	251m	5'47"/km
22.	50	00:01:20 00:37:34	38m	35'05"/km
23.	51	00:01:23 00:38:57	145m	9'32"/km
24.	52	00:02:35 00:41:32	264m	9'47"/km
25.	75	00:03:04 00:44:36	472m	6'30"/km
26.	63	00:02:53 00:47:29	486m	5'56"/km
27.	73	00:01:31 00:49:00	247m	6'08"/km
28.	65	00:04:20 00:53:20	736m	5'53"/km
29.	69	00:02:04 00:55:24	321m	6'26"/km
30.	999	00:00:26 00:55:50	74m	5'51"/km