

Emanuele

1º ANO

Percurso : 3ª CIA FEM

Distancia : 3700m (Desnivel 40m)

Tempo : 1:37:48 (26'26"/km)

2/5

O.K.

[Resultados completos em Webres](#)

1. Andrade	1:35:22
3. Secundo	1:54:15

1.	39	00:02:47		251m	11'05"/km
2.	41	00:04:03	00:06:50	136m	29'47"/km
3.	36	00:03:52	00:10:42	267m	14'29"/km
4.	35	00:02:05	00:12:47	167m	12'29"/km
5.	48	00:06:39	00:19:26	453m	14'41"/km
6.	53	00:10:13	00:29:39	185m	55'14"/km
7.	55	00:05:37	00:35:16	132m	42'33"/km
8.	50	00:11:47	00:47:03	147m	80'10"/km
9.	53	00:12:38	00:59:41	199m	63'29"/km
10.	45	00:04:13	01:03:54	163m	25'52"/km
11.	47	00:02:36	01:06:30	105m	24'46"/km
12.	49	00:05:20	01:11:50	154m	34'38"/km
13.	53	00:03:44	01:15:34	170m	21'58"/km
14.	54	00:04:56	01:20:30	138m	35'45"/km
15.	51	00:03:57	01:24:27	145m	27'14"/km
16.	42	00:03:07	01:27:34	211m	14'46"/km
17.	31	00:05:19	01:32:53	273m	19'28"/km
18.	32	00:00:51	01:33:44	85m	10'00"/km
19.	46	00:03:08	01:36:52	136m	23'02"/km
20.	999	00:00:56	01:37:48	212m	4'24"/km