

# JOGOS INTERNOS DO CMSP 2025

ESPCEX 21.5.2025

SEF EsPCEx

**Ana Flávia**

8º ANO

Omloop : 2ª CIA FEM

Afstand : 3700m (Hoogteverschil 40m)

Tijd : 2:13:05 (35'58"/km)

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O.K.

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|                  |         |
|------------------|---------|
| 1. Amanda Soares | 1:28:21 |
| 2. Fogaça        | 1:45:16 |
| 3. Tonasse       | 1:58:19 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 39  | 00:02:26 |          | 251m | 9'42"/km   |
| 2.  | 41  | 00:02:33 | 00:04:59 | 136m | 18'45"/km  |
| 3.  | 36  | 00:12:42 | 00:17:41 | 267m | 47'34"/km  |
| 4.  | 35  | 00:02:15 | 00:19:56 | 167m | 13'28"/km  |
| 5.  | 48  | 00:06:03 | 00:25:59 | 453m | 13'21"/km  |
| 6.  | 53  | 00:16:07 | 00:42:06 | 185m | 87'07"/km  |
| 7.  | 45  | 00:13:02 | 00:55:08 | 163m | 79'58"/km  |
| 8.  | 47  | 00:01:41 | 00:56:49 | 105m | 16'02"/km  |
| 9.  | 49  | 00:05:56 | 01:02:45 | 154m | 38'32"/km  |
| 10. | 53  | 00:05:19 | 01:08:04 | 170m | 31'16"/km  |
| 11. | 55  | 00:04:47 | 01:12:51 | 132m | 36'14"/km  |
| 12. | 50  | 00:16:51 | 01:29:42 | 147m | 114'38"/km |
| 13. | 53  | 00:10:39 | 01:40:21 | 199m | 53'31"/km  |
| 14. | 54  | 00:08:36 | 01:48:57 | 138m | 62'19"/km  |
| 15. | 51  | 00:03:58 | 01:52:55 | 145m | 27'21"/km  |
| 16. | 42  | 00:05:56 | 01:58:51 | 211m | 28'07"/km  |
| 17. | 31  | 00:07:24 | 02:06:15 | 273m | 27'06"/km  |
| 18. | 32  | 00:02:36 | 02:08:51 | 85m  | 30'35"/km  |
| 19. | 46  | 00:02:54 | 02:11:45 | 136m | 21'19"/km  |
| 20. | 999 | 00:01:20 | 02:13:05 | 212m | 6'17"/km   |

Orienteering Software