



**Militair Regelmatigheidscriterium Cityloop
Hasselt (Runkst) 21.5.2025
Mil Prov Comdo Limburg**

Jona APPELTANS

SCF Heusden-Zolder

Course : H:School

Distance : 5200m

Time : 1:45:29 (20'17"/km)

16/35

O.K.

[Full result on Webres](#)

- | | |
|--------------------------|---------|
| 1. Arnoud CAPALS | 0:53:08 |
| 2. Alexander REEKMANS | 1:10:00 |
| 3. Xander VANGANSEWINKEL | 1:11:34 |

HELGA



Orienteering Software