



Treino 15 - CMSM
Fepagro - Sudoeste 19.5.2025
Colégio Militar de Santa Maria

Valentina Couto

Colégio Militar de Santa Maria

Circuit : DB

Distance : 3200m (Dénivelé 70m)

Temps : 1:16:09 (23'48"/km)

3/4

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Isadora Knecht | 0:58:24 |
| 2. Larissa Cantarelli | 1:02:13 |

1.	31	00:03:00		279m	10'45"/km
2.	32	09:18:20	09:21:20	212m	26'33'39"/km
3.	33	02:47:24	12:08:44	177m	94'5'46"/km
4.	34	00:03:22	12:12:06	185m	18'12"/km
5.	36	00:13:05	12:25:11	357m	36'39"/km
6.	38	00:05:09	12:30:20	424m	12'09"/km
7.	39	00:05:21	12:35:41	282m	18'58"/km
8.	40	00:12:50	12:48:31	272m	47'11"/km
9.	107	00:19:03	13:07:34	370m	51'29"/km
10.	105	00:05:02	13:12:36	320m	15'44"/km
11.	103	00:02:03	13:14:39	141m	14'32"/km
12.	999	00:01:30	13:16:09	91m	16'29"/km

HELGA

Orienteering Software