



BK Sprint Aalst
Aalst Centrum 11.5.2025
TROL

Lieve GEENS

TROL

Course : D75

Distance : 1930m

Time : 0:30:35 (15'51"/km)

2/2

O.K.

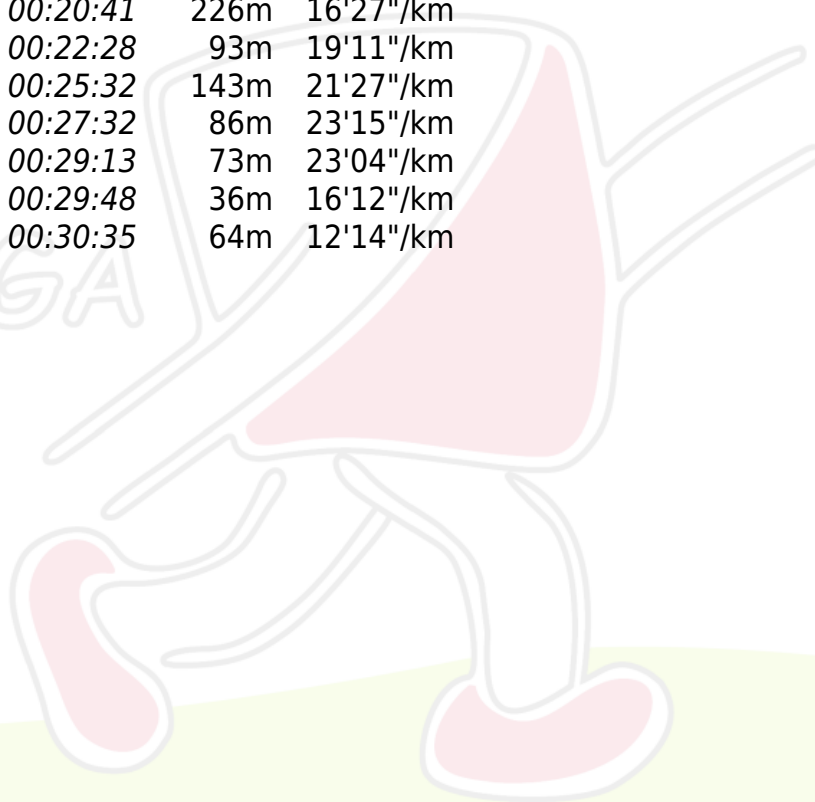
[Full result on Webres](#)

1. Monique DEFFENSE

0:17:52

1.	115	00:02:34		84m	30'33"/km
2.	102	00:04:26	00:07:00	112m	39'35"/km
3.	106	00:01:24	00:08:24	44m	31'49"/km
4.	104	00:00:59	00:09:23	52m	18'55"/km
5.	110	00:02:54	00:12:17	107m	27'06"/km
6.	127	00:01:41	00:13:58	81m	20'47"/km
7.	123	00:03:00	00:16:58	124m	24'12"/km
8.	119	00:03:43	00:20:41	226m	16'27"/km
9.	118	00:01:47	00:22:28	93m	19'11"/km
10.	91	00:03:04	00:25:32	143m	21'27"/km
11.	98	00:02:00	00:27:32	86m	23'15"/km
12.	99	00:01:41	00:29:13	73m	23'04"/km
13.	100	00:00:35	00:29:48	36m	16'12"/km
14.	999	00:00:47	00:30:35	64m	12'14"/km

HELGA



Orienteering Software