



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Ana Livia Vale Ramalho

Clube de Orientação Tiradentes

Circuit : INICIANTE

Distance : 2800m (Dénivelé 20m)

Temps : 1:12:33 (25'55"/km)

5/8

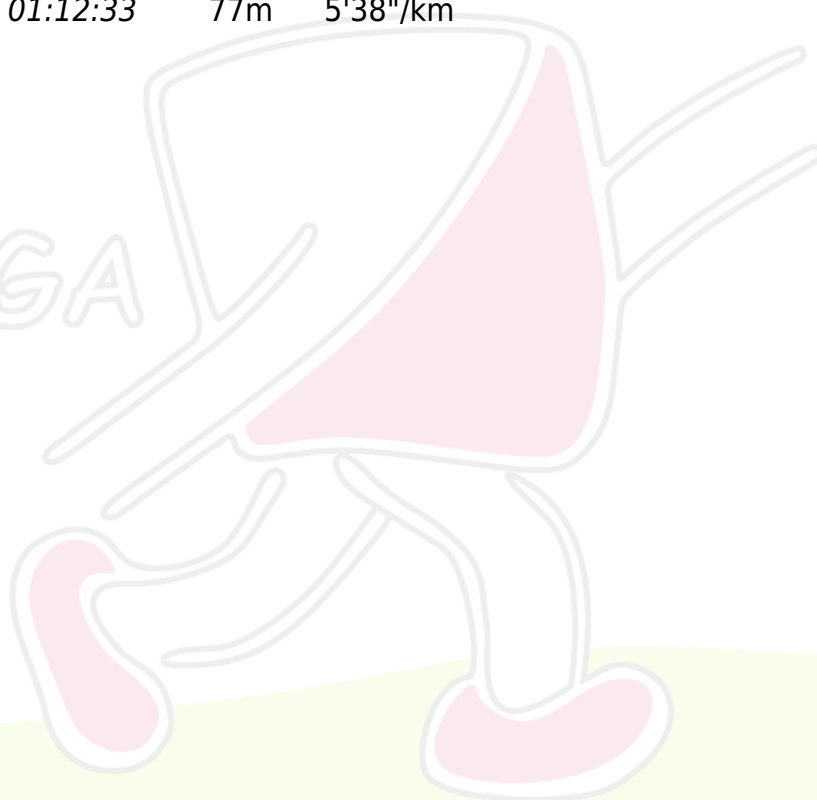
O.K.

[Résultats complets sur Webres](#)

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|------------------------------|---------|
| 1. Deborah | 0:43:13 |
| 2. Maria Luisa Soares Cervi | 0:48:57 |
| 3. Tatiana Trevisoli Lorenzi | 0:57:15 |

1.	33	00:05:13		257m	20'18"/km
2.	37	00:06:38	00:11:51	254m	26'07"/km
3.	38	00:10:03	00:21:54	466m	21'34"/km
4.	39	00:17:25	00:39:19	187m	93'08"/km
5.	34	00:27:13	01:06:32		
6.	35	00:03:47	01:10:19	303m	12'29"/km
7.	36	00:01:48	01:12:07	104m	17'18"/km
8.	999	00:00:26	01:12:33	77m	5'38"/km

HELGA



Orienteering Software