



**5º TREINO SE ORIENTA DF - INÍCIO 09:00h**  
**PARQUE SUCUPIRAS - PLANALTINA 10.5.2025**  
**SE ORIENTA DF**

**Fernanda Leandra De Souza**

OUTROS

Omloop : MÉDIO

Afstand : 4000m (Hoogteverschil 25m)

Tijd : 2:21:47 (35'27"/km)

**19/25**

O.K.

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- |                                |         |
|--------------------------------|---------|
| 1. Wellington Sélis Dos Santos | 1:06:50 |
| 2. Mateus Molina Dos Santos    | 1:06:56 |
| 3. Diogo Barros Cavalcante     | 1:14:01 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 41  | 00:09:37 |          | 202m | 47'36"/km |
| 2.  | 33  | 00:04:18 | 00:13:55 | 94m  | 45'45"/km |
| 3.  | 37  | 00:09:33 | 00:23:28 | 254m | 37'36"/km |
| 4.  | 53  | 00:11:11 | 00:34:39 | 267m | 41'53"/km |
| 5.  | 43  | 00:15:19 | 00:49:58 | 173m | 88'32"/km |
| 6.  | 39  | 00:07:30 | 00:57:28 | 173m | 43'21"/km |
| 7.  | 46  | 00:02:43 | 01:00:11 | 107m | 25'23"/km |
| 8.  | 45  | 00:14:47 | 01:14:58 | 272m | 54'21"/km |
| 9.  | 51  | 00:13:12 | 01:28:10 | 277m | 47'39"/km |
| 10. | 40  | 00:05:53 | 01:34:03 | 203m | 28'59"/km |
| 11. | 52  | 00:14:12 | 01:48:15 | 252m | 56'21"/km |
| 12. | 34  | 00:27:34 | 02:15:49 | 442m | 62'22"/km |
| 13. | 35  | 00:03:37 | 02:19:26 | 303m | 11'56"/km |
| 14. | 36  | 00:01:20 | 02:20:46 | 104m | 12'49"/km |
| 15. | 999 | 00:01:01 | 02:21:47 | 77m  | 13'12"/km |

Orienteering Software