



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Larissa de Medeiros

Clube de Orientação Princesa dos Campos

Strecke : MÉDIO

Länge : 4000m (Steigung 25m)

Zeit : 2:01:35 (30'24"/km)

17/25

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------------------|---------|
| 1. Wellington Sélis Dos Santos | 1:06:50 |
| 2. Mateus Molina Dos Santos | 1:06:56 |
| 3. Diogo Barros Cavalcante | 1:14:01 |

1.	41	00:09:06		202m	45'03"/km
2.	33	00:02:30	00:11:36	94m	26'36"/km
3.	37	00:03:32	00:15:08	254m	13'55"/km
4.	53	00:13:43	00:28:51	267m	51'22"/km
5.	43	00:27:49	00:56:40	173m	160'47"/km
6.	39	00:02:19	00:58:59	173m	13'23"/km
7.	46	00:02:44	01:01:43	107m	25'33"/km
8.	45	00:07:17	01:09:00	272m	26'47"/km
9.	51	00:08:16	01:17:16	277m	29'51"/km
10.	40	00:07:27	01:24:43	203m	36'42"/km
11.	52	00:15:43	01:40:26	252m	62'22"/km
12.	34	00:15:17	01:55:43	442m	34'35"/km
13.	35	00:03:29	01:59:12	303m	11'30"/km
14.	36	00:01:24	02:00:36	104m	13'28"/km
15.	999	00:00:59	02:01:35	77m	12'46"/km

Orienteeering Software