



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Diogo Barros Cavalcante

OUTROS

Strecke : MÉDIO

Länge : 4000m (Steigung 25m)

Zeit : 1:14:01 (18'30"/km)

3/25

O.K.

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|--------------------------------|---------|
| 1. Wellington Sélis Dos Santos | 1:06:50 |
| 2. Mateus Molina Dos Santos | 1:06:56 |

1.	41	00:03:00		202m	14'51"/km
2.	33	00:01:28	00:04:28	94m	15'36"/km
3.	37	00:03:15	00:07:43	254m	12'48"/km
4.	53	00:14:13	00:21:56	267m	53'15"/km
5.	43	00:13:15	00:35:11	173m	76'35"/km
6.	39	00:02:01	00:37:12	173m	11'39"/km
7.	46	00:02:46	00:39:58	107m	25'51"/km
8.	45	00:09:06	00:49:04	272m	33'27"/km
9.	51	00:04:55	00:53:59	277m	17'45"/km
10.	40	00:05:08	00:59:07	203m	25'17"/km
11.	52	00:04:02	01:03:09	252m	16'00"/km
12.	34	00:08:06	01:11:15	442m	18'20"/km
13.	35	00:01:40	01:12:55	303m	5'30"/km
14.	36	00:00:39	01:13:34	104m	6'15"/km
15.	999	00:00:27	01:14:01	77m	5'51"/km

Orienteeering Software