



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

João Antonio Fonseca Gonçalves Dias

CLUBE DE ORIENTAÇÃO ROCHA

Course : EXPERIENTE

Distance : 5900m (Climbing 40m)

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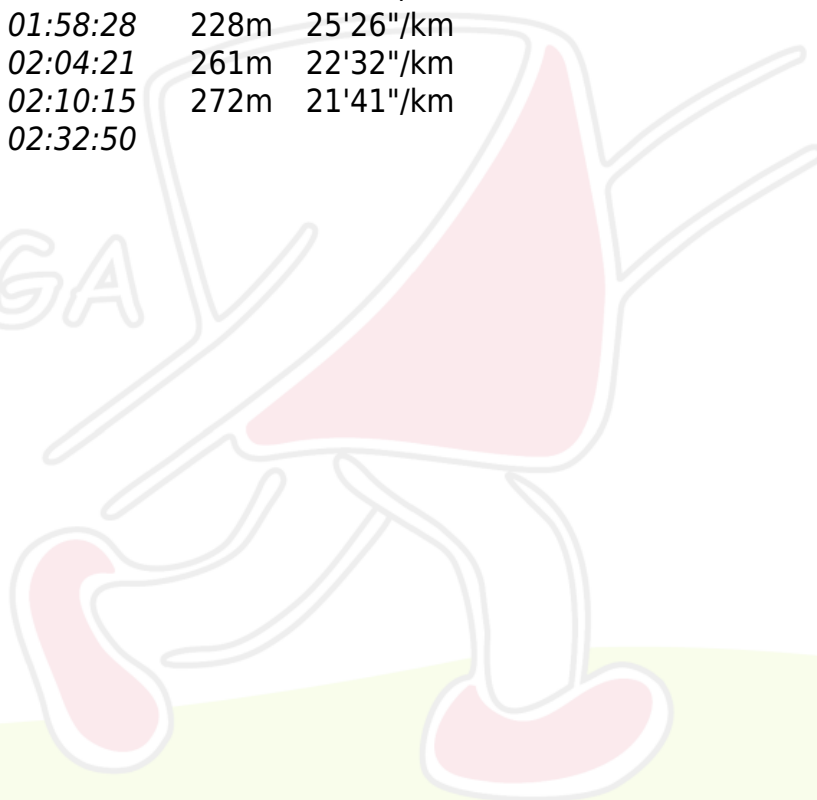
not classified

[Full result on Webres](#)

- | | |
|----------------------------|---------|
| 1. Jones Ferreira Lopes | 1:14:35 |
| 2. Marcelo Paulino | 1:14:50 |
| 3. Guilherme Alves Bringel | 1:17:09 |

1.	34	00:01:41		227m	7'25"/km
2.	42	00:04:46	00:06:27	148m	32'12"/km
3.	50	00:08:58	00:15:25	397m	22'35"/km
4.	49	00:38:53	00:54:18	419m	92'48"/km
5.	48	00:03:12	00:57:30	211m	15'10"/km
6.	47	00:10:52	01:08:22	281m	38'40"/km
7.	53	00:17:18	01:25:40	181m	95'35"/km
8.	52	00:23:33	01:49:13	302m	77'59"/km
9.	44	00:03:27	01:52:40	189m	18'15"/km
10.	43	00:05:48	01:58:28	228m	25'26"/km
11.	46	00:05:53	02:04:21	261m	22'32"/km
12.	45	00:05:54	02:10:15	272m	21'41"/km
13.	40	00:22:35	02:32:50		

HELGA



Orienteering Software