



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Antônio Osvaldo Ferreira Gomes

Clube de Orientação Tiradentes

Course : EXPERIENTE

Distance : 5900m (Climbing 40m)

Time : 4:10:55 (42'32"/km)

19/22

O.K.

[Full result on Webres](#)

1. Jones Ferreira Lopes	1:14:35
2. Marcelo Paulino	1:14:50
3. Guilherme Alves Bringel	1:17:09

1.	34	00:02:25		227m	10'39"/km
2.	42	00:02:50	00:05:15	148m	19'09"/km
3.	50	00:10:37	00:15:52	397m	26'45"/km
4.	49	00:09:56	00:25:48	419m	23'42"/km
5.	48	01:09:28	01:35:16	211m	329'14"/km
6.	47	00:38:04	02:13:20	281m	135'28"/km
7.	53	00:03:50	02:17:10	181m	21'11"/km
8.	52	00:28:58	02:46:08	302m	95'55"/km
9.	44	00:04:26	02:50:34	189m	23'27"/km
10.	43	00:18:09	03:08:43	228m	79'36"/km
11.	46	00:04:12	03:12:55	261m	16'06"/km
12.	45	00:12:21	03:25:16	272m	45'24"/km
13.	51	00:08:34	03:33:50	277m	30'56"/km
14.	40	00:07:00	03:40:50	203m	34'29"/km
15.	41	00:10:01	03:50:51	682m	14'41"/km
16.	31	00:16:54	04:07:45	172m	98'15"/km
17.	36	00:02:05	04:09:50	114m	18'16"/km
18.	999	00:01:05	04:10:55	77m	14'04"/km

Orienteering Software