



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Noradi Vilela

CLUBE DE ORIENTAÇÃO ROCHA

Circuit : EXPERIENTE

Distance : 5900m (Dénivelé 40m)

Temps : 2:52:11 (29'11"/km)

17/22

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Jones Ferreira Lopes | 1:14:35 |
| 2. Marcelo Paulino | 1:14:50 |
| 3. Guilherme Alves Bringel | 1:17:09 |

1.	34	00:03:17		227m	14'28"/km
2.	42	00:02:32	00:05:49	148m	17'07"/km
3.	50	00:10:07	00:15:56	397m	25'29"/km
4.	49	00:17:05	00:33:01	419m	40'46"/km
5.	48	00:11:10	00:44:11	211m	52'55"/km
6.	47	00:30:37	01:14:48	281m	108'57"/km
7.	53	00:05:27	01:20:15	181m	30'07"/km
8.	52	00:08:26	01:28:41	302m	27'55"/km
9.	44	00:09:07	01:37:48	189m	48'14"/km
10.	43	00:07:30	01:45:18	228m	32'54"/km
11.	46	00:07:25	01:52:43	261m	28'25"/km
12.	45	00:09:28	02:02:11	272m	34'48"/km
13.	51	00:13:47	02:15:58	277m	49'46"/km
14.	40	00:07:41	02:23:39	203m	37'51"/km
15.	41	00:20:54	02:44:33	682m	30'39"/km
16.	31	00:05:47	02:50:20	172m	33'37"/km
17.	36	00:01:20	02:51:40	114m	11'42"/km
18.	999	00:00:31	02:52:11	77m	6'43"/km

Orienteering Software