



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Raphael Marcelino Honório
CLUBE DE ORIENTAÇÃO ROCHA
Circuit : EXPERIENTE

Distance : 5900m (Dénivelé 40m)

Temps : 1:52:22 (19'03"/km)

14/22

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Jones Ferreira Lopes | 1:14:35 |
| 2. Marcelo Paulino | 1:14:50 |
| 3. Guilherme Alves Bringel | 1:17:09 |

1.	34	00:01:18		227m	5'44"/km
2.	42	00:01:55	00:03:13	148m	12'57"/km
3.	50	00:06:21	00:09:34	397m	16'00"/km
4.	49	00:08:39	00:18:13	419m	20'39"/km
5.	48	00:03:12	00:21:25	211m	15'10"/km
6.	47	00:06:55	00:28:20	281m	24'37"/km
7.	53	00:04:45	00:33:05	181m	26'15"/km
8.	52	00:10:18	00:43:23	302m	34'06"/km
9.	44	00:04:45	00:48:08	189m	25'08"/km
10.	43	00:05:06	00:53:14	228m	22'22"/km
11.	46	00:04:07	00:57:21	261m	15'46"/km
12.	45	00:09:57	01:07:18	272m	36'35"/km
13.	51	00:24:50	01:32:08	277m	89'39"/km
14.	40	00:03:24	01:35:32	203m	16'45"/km
15.	41	00:10:09	01:45:41	682m	14'53"/km
16.	31	00:05:19	01:51:00	172m	30'55"/km
17.	36	00:00:53	01:51:53	114m	7'45"/km
18.	999	00:00:29	01:52:22	77m	6'17"/km

Orienteering Software