



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Fernanda Maria Gabriel

CLUBE DE ORIENTAÇÃO ROCHA

Percurso : EXPERIENTE

Distancia : 5900m (Desnivel 40m)

Tempo : 1:23:44 (14'12"/km)

5/22

O.K.

[Resultados completos em Webres](#)

- | | |
|----------------------------|---------|
| 1. Jones Ferreira Lopes | 1:14:35 |
| 2. Marcelo Paulino | 1:14:50 |
| 3. Guilherme Alves Bringel | 1:17:09 |

1.	34	00:01:53		227m	8'18"/km
2.	42	00:01:30	00:03:23	148m	10'08"/km
3.	50	00:06:07	00:09:30	397m	15'24"/km
4.	49	00:08:26	00:17:56	419m	20'08"/km
5.	48	00:03:32	00:21:28	211m	16'45"/km
6.	47	00:07:58	00:29:26	281m	28'21"/km
7.	53	00:04:54	00:34:20	181m	27'04"/km
8.	52	00:06:44	00:41:04	302m	22'18"/km
9.	44	00:02:47	00:43:51	189m	14'44"/km
10.	43	00:07:01	00:50:52	228m	30'46"/km
11.	46	00:03:04	00:53:56	261m	11'45"/km
12.	45	00:04:15	00:58:11	272m	15'37"/km
13.	51	00:12:39	01:10:50	277m	45'40"/km
14.	40	00:02:52	01:13:42	203m	14'07"/km
15.	41	00:06:32	01:20:14	682m	9'35"/km
16.	31	00:01:53	01:22:07	172m	10'57"/km
17.	36	00:00:57	01:23:04	114m	8'20"/km
18.	999	00:00:40	01:23:44	77m	8'39"/km

Orienteering Software