



**5º TREINO SE ORIENTA DF - INÍCIO 09:00h**  
**PARQUE SUCUPIRAS - PLANALTINA 10.5.2025**  
**SE ORIENTA DF**

**Luiz Gustavo Dos Santos Bringel**

Clube de Orientação do Colégio Militar de  
Brasília

Course : EXPERIENTE

Distance : 5900m (Climbing 40m)

Time : 1:17:15 (13'06"/km)

**4/22**

O.K.

[Full result on Webres](#)

|                            |         |
|----------------------------|---------|
| 1. Jones Ferreira Lopes    | 1:14:35 |
| 2. Marcelo Paulino         | 1:14:50 |
| 3. Guilherme Alves Bringel | 1:17:09 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 34  | 00:02:03 |          | 227m | 9'02"/km  |
| 2.  | 42  | 00:01:17 | 00:03:20 | 148m | 8'40"/km  |
| 3.  | 50  | 00:08:32 | 00:11:52 | 397m | 21'30"/km |
| 4.  | 49  | 00:10:40 | 00:22:32 | 419m | 25'27"/km |
| 5.  | 48  | 00:03:53 | 00:26:25 | 211m | 18'24"/km |
| 6.  | 47  | 00:06:26 | 00:32:51 | 281m | 22'54"/km |
| 7.  | 53  | 00:03:38 | 00:36:29 | 181m | 20'04"/km |
| 8.  | 52  | 00:04:58 | 00:41:27 | 302m | 16'27"/km |
| 9.  | 44  | 00:02:52 | 00:44:19 | 189m | 15'10"/km |
| 10. | 43  | 00:03:14 | 00:47:33 | 228m | 14'11"/km |
| 11. | 46  | 00:04:12 | 00:51:45 | 261m | 16'06"/km |
| 12. | 45  | 00:04:55 | 00:56:40 | 272m | 18'05"/km |
| 13. | 51  | 00:06:38 | 01:03:18 | 277m | 23'57"/km |
| 14. | 40  | 00:03:32 | 01:06:50 | 203m | 17'24"/km |
| 15. | 41  | 00:06:24 | 01:13:14 | 682m | 9'23"/km  |
| 16. | 31  | 00:03:03 | 01:16:17 | 172m | 17'44"/km |
| 17. | 36  | 00:00:36 | 01:16:53 | 114m | 5'16"/km  |
| 18. | 999 | 00:00:22 | 01:17:15 | 77m  | 4'46"/km  |

Orienteering Software