



5º TREINO SE ORIENTA DF - INÍCIO 09:00h
PARQUE SUCUPIRAS - PLANALTINA 10.5.2025
SE ORIENTA DF

Marcelo Paulino

Clube de Orientação Serra dos Cristais

Course : EXPERIENTE

Distance : 5900m (Climbing 40m)

Time : 1:14:50 (12'41"/km)

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O.K.

[Full result on Webres](#)

1. Jones Ferreira Lopes	1:14:35
3. Guilherme Alves Bringel	1:17:09

1.	34	00:01:30		227m	6'36"/km
2.	42	00:01:43	00:03:13	148m	11'36"/km
3.	50	00:06:09	00:09:22	397m	15'29"/km
4.	49	00:08:12	00:17:34	419m	19'34"/km
5.	48	00:02:38	00:20:12	211m	12'29"/km
6.	47	00:04:58	00:25:10	281m	17'40"/km
7.	53	00:08:57	00:34:07	181m	49'27"/km
8.	52	00:04:33	00:38:40	302m	15'04"/km
9.	44	00:02:59	00:41:39	189m	15'47"/km
10.	43	00:04:17	00:45:56	228m	18'47"/km
11.	46	00:03:48	00:49:44	261m	14'34"/km
12.	45	00:03:24	00:53:08	272m	12'30"/km
13.	51	00:07:47	01:00:55	277m	28'06"/km
14.	40	00:03:17	01:04:12	203m	16'10"/km
15.	41	00:06:41	01:10:53	682m	9'48"/km
16.	31	00:02:36	01:13:29	172m	15'07"/km
17.	36	00:00:49	01:14:18	114m	7'10"/km
18.	999	00:00:30	01:14:48	77m	6'30"/km

Orienteering Software