

AOS #5 Brilschans

Berchem 8.5.2025

Antwerp Orienteers

Bart HELDERWEIRDT

Indiv.

Course : H:Lang

Distance : 5000m

Time : 1:05:16 (13'03"/km)

37/38

O.K.

[Full result on Webres](#)

1. Ruben GRIETENS	0:20:58
2. Brent VLEUGELS	0:21:34
3. Remco HEREIJGERS	0:22:08

1.	38	00:05:15		383m	13'42"/km
2.	42	00:02:06	00:07:21	130m	16'09"/km
3.	44	00:05:18	00:12:39	337m	15'44"/km
4.	36	00:01:20	00:13:59	83m	16'04"/km
5.	45	00:02:29	00:16:28	154m	16'08"/km
6.	46	00:01:53	00:18:21	93m	20'15"/km
7.	53	00:02:05	00:20:26	113m	18'26"/km
8.	35	00:01:27	00:21:53	82m	17'41"/km
9.	50	00:04:05	00:25:58	250m	16'20"/km
10.	51	00:01:01	00:26:59	66m	15'24"/km
11.	43	00:00:52	00:27:51	49m	17'41"/km
12.	37	00:01:06	00:28:57	65m	16'55"/km
13.	52	00:02:00	00:30:57	77m	25'58"/km
14.	47	00:05:55	00:36:52	387m	15'17"/km
15.	48	00:03:21	00:40:13	197m	17'00"/km
16.	57	00:02:13	00:42:26	101m	21'57"/km
17.	55	00:03:17	00:45:43	220m	14'55"/km
18.	41	00:01:22	00:47:05	88m	15'32"/km
19.	40	00:02:39	00:49:44	186m	14'15"/km
20.	56	00:00:56	00:50:40	67m	13'56"/km
21.	39	00:00:48	00:51:28	58m	13'48"/km
22.	32	00:02:26	00:53:54	170m	14'19"/km
23.	31	00:01:18	00:55:12	82m	15'51"/km
24.	54	00:01:37	00:56:49	88m	18'22"/km
25.	49	00:00:51	00:57:40	60m	14'10"/km
26.	34	00:01:11	00:58:51	83m	14'15"/km
27.	33	00:02:12	01:01:03	132m	16'40"/km
28.	999	00:04:13	01:05:16	114m	36'59"/km

Orienteering Software