

AOS #5 Brilschans

Berchem 8.5.2025

Antwerp Orienteers

Tom VON DE POL

Indiv.

Course : H:Lang

Distance : 5000m

Time : 0:46:44 (9'21"/km)

33/38

O.K.

[Full result on Webres](#)

1. Ruben GRIETENS	0:20:58
2. Brent VLEUGELS	0:21:34
3. Remco HEREIJGERS	0:22:08

1.	38	00:03:26		383m	8'58"/km
2.	42	00:01:49	00:05:15	130m	13'58"/km
3.	44	00:04:36	00:09:51	337m	13'39"/km
4.	36	00:00:50	00:10:41	83m	10'02"/km
5.	45	00:01:20	00:12:01	154m	8'39"/km
6.	46	00:01:03	00:13:04	93m	11'17"/km
7.	53	00:01:13	00:14:17	113m	10'46"/km
8.	35	00:01:37	00:15:54	82m	19'43"/km
9.	50	00:02:09	00:18:03	250m	8'36"/km
10.	51	00:00:34	00:18:37	66m	8'35"/km
11.	43	00:01:03	00:19:40	49m	21'26"/km
12.	37	00:00:31	00:20:11	65m	7'57"/km
13.	52	00:01:14	00:21:25	77m	16'01"/km
14.	47	00:03:28	00:24:53	387m	8'57"/km
15.	48	00:02:17	00:27:10	197m	11'35"/km
16.	57	00:01:23	00:28:33	101m	13'42"/km
17.	55	00:01:58	00:30:31	220m	8'56"/km
18.	41	00:00:50	00:31:21	88m	9'28"/km
19.	40	00:01:38	00:32:59	186m	8'47"/km
20.	56	00:00:45	00:33:44	67m	11'12"/km
21.	39	00:00:33	00:34:17	58m	9'29"/km
22.	32	00:01:49	00:36:06	170m	10'41"/km
23.	31	00:00:50	00:36:56	82m	10'10"/km
24.	54	00:01:29	00:38:25	88m	16'51"/km
25.	49	00:02:36	00:41:01	60m	43'20"/km
26.	34	00:01:06	00:42:07	83m	13'15"/km
27.	33	00:01:33	00:43:40	132m	11'45"/km
28.	999	00:03:04	00:46:44	114m	26'54"/km

Orienteering Software