

AOS #5 Brilschans

Berchem 8.5.2025

Antwerp Orienteers

Ruben GRIETENS

Antwerp Orienteers

Course : H:Lang

Distance : 5000m

Time : 0:20:58 (4'12"/km)

1/38

O.K.

[Full result on Webres](#)

2. Brent VLEUGELS	0:21:34
3. Remco HEREIJGERS	0:22:08

1.	38	00:01:45		383m	4'34"/km
2.	42	00:00:46	00:02:31	130m	5'54"/km
3.	44	00:01:50	00:04:21	337m	5'26"/km
4.	36	00:00:26	00:04:47	83m	5'13"/km
5.	45	00:00:47	00:05:34	154m	5'05"/km
6.	46	00:00:36	00:06:10	93m	6'27"/km
7.	53	00:00:41	00:06:51	113m	6'03"/km
8.	35	00:00:25	00:07:16	82m	5'05"/km
9.	50	00:01:15	00:08:31	250m	5'00"/km
10.	51	00:00:21	00:08:52	66m	5'18"/km
11.	43	00:00:21	00:09:13	49m	7'09"/km
12.	37	00:00:23	00:09:36	65m	5'54"/km
13.	52	00:00:45	00:10:21	77m	9'44"/km
14.	47	00:01:44	00:12:05	387m	4'29"/km
15.	48	00:01:02	00:13:07	197m	5'15"/km
16.	57	00:00:39	00:13:46	101m	6'26"/km
17.	55	00:00:58	00:14:44	220m	4'24"/km
18.	41	00:00:19	00:15:03	88m	3'36"/km
19.	40	00:00:43	00:15:46	186m	3'51"/km
20.	56	00:00:16	00:16:02	67m	3'59"/km
21.	39	00:00:15	00:16:17	58m	4'19"/km
22.	32	00:00:39	00:16:56	170m	3'49"/km
23.	31	00:00:20	00:17:16	82m	4'04"/km
24.	54	00:00:31	00:17:47	88m	5'52"/km
25.	49	00:00:19	00:18:06	60m	5'17"/km
26.	34	00:00:27	00:18:33	83m	5'25"/km
27.	33	00:00:52	00:19:25	132m	6'34"/km
28.	999	00:01:33	00:20:58	114m	13'36"/km

Orienteering Software