



Treino 14 - CMSM
Fepagro Sul 5.5.2025
Colégio Militar de Santa Maria

Valentina Couto

Colégio Militar de Santa Maria

Circuit : DB

Distance : 2900m (Dénivelé 80m)

Temps : 1:00:06 (20'43"/km)

3/4

O.K.

[Résultats complets sur Webres](#)

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|-----------------------|---------|
| 1. Isadora Knecht | 0:57:03 |
| 2. Larissa Cantarelli | 0:59:00 |

1.	31	00:02:06		134m	15'40"/km
2.	32	00:05:10	00:07:16	123m	42'00"/km
3.	33	00:04:15	00:11:31	201m	21'09"/km
4.	34	00:03:36	00:15:07	180m	20'00"/km
5.	35	00:00:00	00:15:07	429m	0'00"/km
6.	36	00:19:44	00:34:51	147m	134'14"/km
7.	38	00:03:40	00:38:31	211m	17'23"/km
8.	107	00:10:18	00:48:49	240m	42'55"/km
9.	102	00:02:24	00:51:13	127m	18'54"/km
10.	104	00:07:27	00:58:40	389m	19'09"/km
11.	105	00:10:51	01:09:31	492m	22'03"/km
12.	106	00:00:49	01:10:20	129m	6'20"/km
13.	999	00:00:28	01:10:48	82m	5'41"/km

HELGA

Orienteering Software