



Treino 14 - CMSM
Fepagro Sul 5.5.2025
Colégio Militar de Santa Maria

Manfio

Colégio Militar de Santa Maria

Strecke : HB

Länge : 3000m (Steigung 100m)

Zeit : 0:47:40 (15'53"/km)

4/6

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Rafael Bossi	0:41:08
2. Dawison	0:44:29
3. Ruiz	0:46:27

1.	32	00:03:06		233m	13'18"/km
2.	33	00:02:03	00:05:09	201m	10'12"/km
3.	34	00:02:48	00:07:57	180m	15'33"/km
4.	39	00:04:58	00:12:55	260m	19'06"/km
5.	35	00:00:00	00:12:55	210m	0'00"/km
6.	36	00:19:07	00:32:02	147m	130'03"/km
7.	37	00:01:23	00:33:25	175m	7'54"/km
8.	38	00:01:54	00:35:19	122m	15'34"/km
9.	102	00:08:21	00:43:40	300m	27'50"/km
10.	103	00:02:42	00:46:22	313m	8'38"/km
11.	104	00:02:52	00:49:14	119m	24'05"/km
12.	105	00:11:02	01:00:16	492m	22'26"/km
13.	106	00:00:59	01:01:15	129m	7'37"/km
14.	999	00:00:23	01:01:38	82m	4'40"/km

HELGA

Orienteering Software