



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Nicole GOENEN - ARENS

O.L.G. St. Vith ARDOC

Strecke : Lang

Länge : 2900m

Zeit : 0:33:09 (11'26"/km)

19/23

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------|---------|
| 1. Guido LENGES | 0:15:09 |
| 2. Jérémy BREDO | 0:16:29 |
| 3. Thomas BREDO | 0:17:43 |

1.	202	00:01:56		181m	10'41"/km
2.	201	00:01:43	00:03:39	188m	9'08"/km
3.	203	00:00:41	00:04:20	85m	8'02"/km
4.	204	00:02:16	00:06:36	209m	10'51"/km
5.	205	00:06:48	00:13:24	444m	15'19"/km
6.	206	00:04:31	00:17:55	483m	9'21"/km
7.	207	00:00:52	00:18:47	110m	7'53"/km
8.	208	00:02:00	00:20:47	294m	6'48"/km
9.	209	00:01:26	00:22:13	112m	12'48"/km
10.	210	00:02:28	00:24:41	153m	16'07"/km
11.	211	00:00:27	00:25:08	55m	8'11"/km
12.	212	00:01:55	00:27:03	160m	11'59"/km
13.	213	00:03:18	00:30:21	144m	22'55"/km
14.	214	00:01:29	00:31:50	126m	11'46"/km
15.	215	00:00:41	00:32:31	92m	7'26"/km
16.	999	00:00:38	00:33:09	41m	15'27"/km

Orienteering Software